

THE RIPLEY CROSSING CHRONICLE

REHAB NEWS

Submitted by: Therapy Department at Healthcare Therapy Services, Inc.



As people grow older, the desire to move comfortably and live independently remains important. Physical therapy offers a specialized solution to help older adults move better, stay active, and enjoy a fulfilling life.

Here Are Some Ways Physical Therapy Can Help



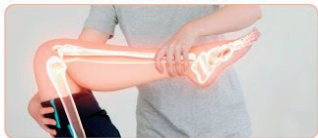
Enhance Mobility: The core of physical therapy lies in maximizing movement and functionality to help adults move around safely and perform everyday tasks with ease.



Restore Balance: Improved balance and coordination reduces the risk of falls and allows adults to move safely at home and in their communities.



Alleviate Pain: Many conditions can lead to discomfort and pain. Physical therapists provide techniques to help ease pain and enhance quality of life.



Improve Joint Health: Specialized exercises can manage joint pain and improve flexibility for better movement. Gentle stretching and mobilization techniques can help increase flexibility and prevent stiffness.



Increase Strength: As people age, maintaining muscle strength becomes vital for performing daily activities independently. Also, strong muscles are essential for maintaining balance and stability.

Talk with your doctor to find out how physical therapy could benefit you!

Ripley Crossing
 1200 Whitlatch Way
 Milan, Indiana 47031
 Phone: (812)-654-2231
 Fax: (812)-654-2240
www.ripleycrossing.com

Trina Johnson
 Administrator

Becky Robbins
 Director of Nursing

Sabrina Paddock
 Assistant Director of Nursing

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 Infection Prevention/
 Staff Education

Lynne Hutter
 MDS Coordinator

Amanda Driscoll
 Therapy Director

Lori Sachleben
 Social Services/
 Dementia Coordinator

Tiffany Curry
 Business Office Manager

Madelynn Roell
 Admissions Coordinator/
 Marketing

Robert Russell
 Maintenance Supervisor

Valerie Bennett
 Activity Director

Patti Weaver
 Medical Records

Rhonda Maybrier
 Dietary Manager

Tricia Doyle
 Housekeeping/Laundry Supervisor

Rev. Harris Long
 Facility Chaplain

-Upcoming Events-

12th @ 10:00, Bingo Store

11th @ 1:00, Birthday Bash

23rd @ 10:15, Resident Council

Second Monday @ 6:00 pm, Harmony Group

First Thursday @ 1:30, Catholic Mass

Second Friday @ 2:00, St. Paul Lutheran Church

Every Tuesday @ 3:00, Bible Study w/Tito

Every Thursday @ 1:30, Sing Along w/Louise

First Sunday @ 1:30, Moores Hill Baptist Church

Second Sunday @ 3:00, Adams Lutheran Church

Third Sunday @ 2:00, Milan First Baptist Church

Fourth Sunday @ 3:00, Fairview Baptist Church

*Check out our Calendars at
www.ripleycrossing.com
to see what we have to offer
on each wing!*

Come in and volunteer for one of our activities we offer!

-Team Building-

Ripley Crossing is a fabulous place to work. What makes this possible is the caring, committed team of co-workers. We would all like to extend our warmest welcome to our new team members! Joining the Nursing Department, Cynthia Widner, C.N.A.; Mackenzie Wright, C.N.A.; Jessica Miles, C.N.A.; Hailey Richmond, C.N.A., & Michaela Scudder, C.N.A. We would also like to welcome to the Housekeeping Department, Jessica Guerich, Laretta Hartman & Sydney Stockman. We would also like to welcome our new Maintenance Supervisor, Robert Russell. We would like to take this opportunity to thank each one of them for joining our team and sharing their time and talents, making our team even greater.

Activity Spotlight



Ripley Crossing Trick or Treat

This year we will be having Trick or Treat, for employees children & resident family members children.

When: Friday, October, 27th.

Time: 5:30pm-6:30pm.

Where: Therapy Entrance.

Happy Halloween!!

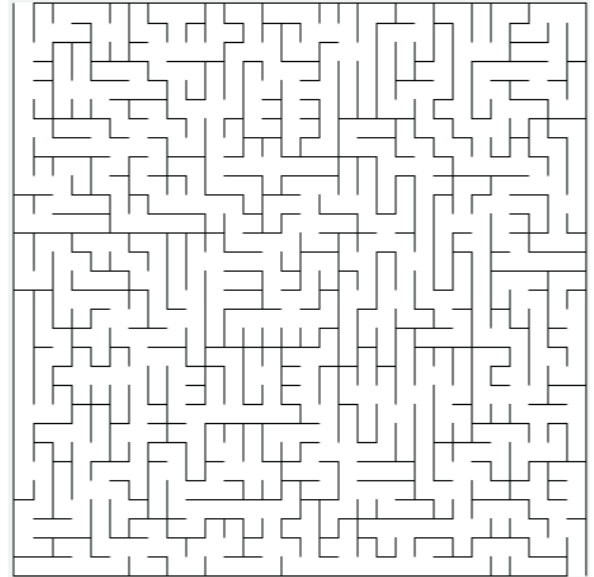
Halloween Word Search

U D A L Y V S C E M E T E R Y
 C E H V U G K W Z S G M O R O N
 M V Q A N G E M K C I L D P N N
 O I S M U E L T B R R T W T O F
 N L G P T N E B X E R R W T O G
 S K P I R T T J R A I A O R H
 T C H R E O O E Y M C R M P T
 E J A E A M N E D W K E B X M
 R I N N T B H V Z Y I D A O T S
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- GRAVEYARD
- FRANKENSTEIN
- HAUNTED
- PARTY
- MUMMY
- MONSTER
- VAMPIRE
- WAREWOLF
- WITCH
- SCREAM
- COFFIN
- CANDY
- SKELETON
- MOON
- CAULDRON
- NIGHTMARE
- TRICK
- TREAT
- WEB
- PHANTOM
- CEMETERY
- TOMB
- TOMBSTONE
- DARK
- DEVIL

www.MyPartyGames.com

HALLOWEEN MAZE



www.MyPartyGames.com



With the up coming Holidays, please remember to have any new clothing marked by our Laundry Department. Our lost and found is getting full. If you have a loved one missing clothing, please contact our Laundry Department @ 812-654-2231 (ext. 238)



HALLOWEEN WORD SCRAMBLE

ARRVYDAEG

RINKTEFNAESN

HTOSG

TDAENUH

ATPYR

MMYU

RMETNOS

AMRVPIE

AFLOERWW

HCTIW

EMSACR

OFCINF

MUSETOC

YADCN

EETNSLKO

MNOO

DRACULON

EMARTIGHN

KIRTC

TEART

www.MyPartyGames.com

CELEBRATIONS AND MILESTONES

Resident Birthdays

Marcella McCann	10/9
Carol Cook	10/13
Judy Stein	10/13
Jerry Redding	10/16
Frances Cole	10/19
Dolores Pulskamp	10/20
Phillis Bryan	10/21
James Bloemker	10/21
Leona Purcell	10/24

Employee Birthdays

Diana King	10/5
Tara Lafollette	10/6
Katelyn Cutter	10/9
Tiffany Curry	10/9
Kimberly Fleming	10/12
Gilbert Collins	10/13
Michelle Arnett	10/19
Jill Campbell	10/19
Kelsey Carroll	10/20
Melissa Walton	10/23
Rebeca Thomas	10/25
Trina Johnson	10/25
Rebecca Robbins	10/29
Samuel Spurlock	10/29
Chelsea Bevis	10/29
Kaitlyn Barton	10/30



Employee Anniversaries

Trina Johnson	38 yrs
Patricia Weaver	33 yrs
Julie Campos	25 yrs
Patty Engle	11 yrs
Vera Fugate	10 yrs
Brenda Carter	10 yrs
Jenna Ison	8 yrs
Brittany Sizemore	3 yrs
Alexis Bennett	2 yrs
Payton Bennett	1 yr
Tara Lafollette	1 yr
Madelynn Roell	1 yr
Kelsey Carroll	1 yr

CLERGY

Our facility chaplain Rev. Harris Long is available to staff, residents, and families who may need his assistance. Please call 812-654-2231 to set up an appointment or for more information.

The Eucharist of Anointing of the sick is administered by the priest on the first and third Thursday of every month to all Catholic residents at Ripley Crossing. The prayers ask for God's healing physically, spiritually, and mentally. The sacrament offers a special grace to calm the spirit. The elderly and those with chronic pain and suffering, can and should be anointed often. This sacrament, sometimes referred to as the Last Rites or Extreme Unction, helps prepare a person for death, if and when God wills it.

*Activity Calendars are always available at the front desk for each wing. Please feel free to help yourself!

*We are always looking for new and exciting ways to highlight our residents and their families.

Check out our Family Feedback stories on www.ripleycrossing.com and let us know if you'd like your loved one added! Call Valerie Bennett @ 812-654-2231 or e-mail activities@ripleycrossing.com



Like us on Facebook & visit our website at www.ripleycrossing.com

RIPLEY CROSSING BRINGS YOU THE NEWS

Ripley Crossing
1200 Whitlatch Way
Milan, Indiana 47031

PLACE
STAMP
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